

NATIONAL ASSOCIATION FOR PREMENSTRUAL SYNDROMES (NAPS)



STUDY DAY ON WOMEN'S HEALTH

Friday 17th November 2023

Postgraduate Centre, Chelsea and Westminster Hospital

369 Fulham Rd. London SW10 9NH

9.00am – 4.45pm

09.00 - 09.15	<i>Registration and Coffee</i>	<i>Please note timings may change</i>
Chair:	Professor Nick Panay , Consultant Gynaecologist	Queen Charlotte's + Chelsea Hospital, Chair of NAPS
09.15 - 09.20	Welcome Professor Nick Panay	
09.20 - 09.50	<i>Oestrogen, progesterone and the mind</i> Professor Michael Craig, <i>Institute of Psychiatry, Psychology and Neuroscience</i> <i>King's College London</i>	King's College London and the Maudsley Hospital, SLAM NHS Foundation Trust
09.50 - 10.20	<i>Premenstrual syndrome or perimenopause: how to manage in primary care</i> Professor Nick Panay	
10.20 - 10.50	<i>Hormone therapy for the perimenopause</i> Ms Claire Bellone, Clinical Nurse Specialist	Chelsea + Westminster Hospital
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10.50 - 11.10	COFFEE	
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11.10 - 11.40	<i>HPV and cervical disease</i> Dr Reena Aggarwal, Consultant Obstetrician and Gynaecologist	Chelsea + Westminster Hospital
11.40 - 12.10	<i>Contraception for the 21st century – beyond fertility control</i> Ms Annie Hawkins, Consultant Obstetrician and Gynaecologist	Salisbury Hospital
12.10 - 12.40	<i>Maintaining bone and cardiovascular health after the menopause</i> Professor John Stevenson, Consultant Physician	Royal Brompton Hospital
12.40 - 12.55	<i>Panel Discussion</i>	
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12.55 - 13.30	LUNCH	
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Chair:	Ms Claudine Domoney , Consultant Obstetrician and Gynaecologist	Chelsea + Westminster Hospital
13.30 - 14.10	<i>Debate: All women with bleeding on HRT should have a hysteroscopy and biopsy</i> For: Ms Dede Ofili-Yebovi, Consultant Obstetrician and Gynaecologist Against: Ms Jo Burgess, Locum Consultant Obstetrician and Gynaecologist	Chelsea + Westminster Hospital Chelsea + Westminster Hospital
14.10 - 14.40	<i>Vulval skin conditions – case studies</i> Ms Elaine Palmer, Consultant Obstetrician & Gynaecologist	West Middlesex Hospital
14.40 – 15.00	<i>A patient perspective of premenstrual dysphoric disorder</i>	
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15.00 - 15.15	TEA	
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15.15 - 15.45	<i>An approach to female sexual problems for health care professionals</i> Ms Leila Frodsham, Consultant Gynaecologist, Psychosexual Lead	Guys + St Thomas' Trust
15.45 - 16.15	<i>Pelvic floor health: a guide from puberty to postmenopause</i> Ms Claudine Domoney, Consultant Obstetrician and Gynaecologist	Chelsea + Westminster Hospital
16.15 - 16.45	<i>Panel Discussion and closing remark</i>	

£95 for Health Care Professionals, £75 for Trainees (includes refreshments/lunch). Free attendance for Professional Members of NAPS
£25 for refreshments/lunch. A place must be reserved – not bookable by credit card.

To book by cheque/invoice contact moirafeehily@gmail.com with subject CONFERENCE.

To book by credit card contact eventbrite at <https://www.eventbrite.co.uk/e/study-day-on-womens-health-tickets-710422832817>

We are able to offer 6 hours of Reflective Learning for attendees [https://](https://www.pms.org.uk)

Information on NAPS www.pms.org.uk

Charity No 289901